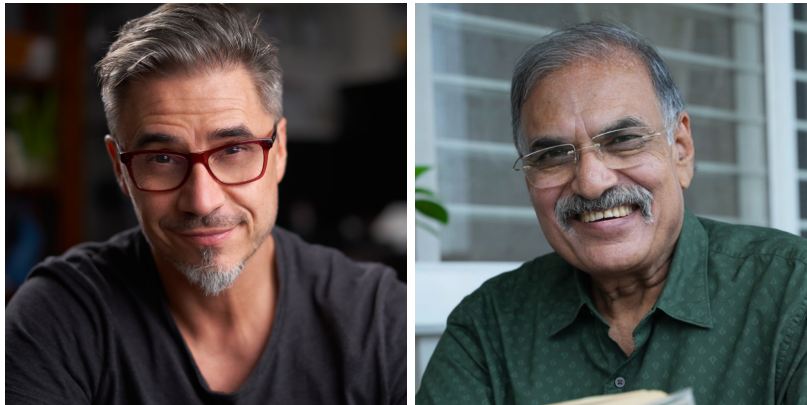


**PROJECT SLEEP**

**BOOMER MAN**

*Submit via Eco Cast Invitation Link*



**SLATE:**

First and last name. City.

**SCENE 1:**

You lay in bed scrolling through social media on your phone.

You grab your CPAP mask from your nightstand beside you and put it on. Eyes close.

**SCENE 2:**

Do the following actions as if you're a farmer tending to their daily chores/responsibilities:

- Gently pull the curtains closed like harvesting wheat.
- Place your phone in a box/cabinet/drawer as if you're storing away tools for the night.
- Pour water into the humidifier tank (a cup is fine) carefully – slow, unbroken eye contact with the task at hand.
- Cradle your mask like a hen's egg

ACTOR LINE: **She's ready (whispered as you cradle your CPAP mask like it's a hen's egg)**

**SCENE 3:**

To camera, in an ASMR-soft voice, deliver the following two lines:

ACTOR LINE: **Hi friend. Let's do tonight's chores**

ACTOR LINE: **Tend to your rest like it's the harvest**